

your nutrition

NUCLEOTIDES: THE FORGOTTEN NUTRIENTS

An intact immune system is the body's most important and effective line of defence against pathogens of all kinds. If it is weakened, infectious diseases have a much easier time.

Today's world is marked by a profound sense of insecurity caused by the polemic surrounding the Covid-19 measures. This polemic is intensified by the many, sometimes very contradictory statements from authorities, the media and even scientists. In all the controversy, the importance of a healthy and fast-acting immune system is forgotten.

Whether someone receives a vaccination or goes through an infection, in both cases the immune system is crucial. In the case of a person with a weak immune system, no or only a few antibodies are formed during a vaccination and the hoped-for protective effect may not be sufficiently achieved. In the case of an infection, the strength of the immune system also determines whether and how severely someone becomes ill. The faster and more effectively the immune system recognises and inactivates a foreign body, whether virus, bacteria or fungi, the smaller the probability of a longer-lasting illness.

Many people know how important vitamins, minerals, trace elements and proteins are for the body and health. But hardly anyone knows about nucleotides in this context. They form the genetic information in the form of DNA and are fundamentally important for the immune system, intestinal health and cell division.

The decisive factor in an infection is that the immune system reacts very quickly. This is the only way it can break the chain of infection at an early stage without causing severe symptoms. If there is a lack of nucleotides, both the multiplication of the defence cells and the production of the important antibodies are interrupted and germs can multiply unhindered.

It has been clearly proven in quite a few studies that nucleotides significantly improve the protective effect of both infections and vaccinations and clearly contribute to better protection.



Our recommendation:

2 capsules of Nucleocell and in case of infection 3 x 2 capsules per day.



All published papers are available on request | Dr Peter Köppel